FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANG	SES IN BENEF	FICIAL OWN	IERSHIP

OMB APPRO	VAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* HOWARD J TIMOTHY			2. Issuer Name and Ticker or Trading Symbol FEDERAL NATIONAL MORTGAGE									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							
IIO WA		101111									<u>MAE</u> [1]	X	_			% Owner	
(Last)	(Fir	rst) (Middle)								/D 0: `			_ >	Offic below	er (give title w)		ner (specify ow)	
3900 WISCONSIN AVENUE, NW					3. Date of Earliest Transaction (Month/Day/Year) 03/17/2004										Vice Chai	rman & CF	O		
(Street)					4. If A	Amen	dment,	Date o	f Origina	al File	d (Month/Da	y/Year)			6. Individual or Joint/Group Filing (Check Applicable				
. ,	GTON DO	3 2	20016											Line)		n filed by Or	ne Reporting F	erson	
(City)	(6)	oto) (7in\												Forn Pers		ore than One	Reporting	
(City)	(5)		Zip)																
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea		Execution Date,		Transaction D		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a 5)			or 4 and	nd Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Ownership				
								Code	v	Amount	(A) (D)	or Pi	ice	Reported Transaction (Instr. 3 and			(Instr. 4)		
Common	Stock			03/18/2	2004				S		100	Г	\$	74.61	24	1,500	D		
Common	Stock			03/18/2	2004				S		100	Г	\$	74.79	24	1,400	D		
Common	Stock			03/18/2004				S		100	Г	\$	74.66	24	1,300	D			
Common	Stock														19	1,771	I	Timothy Howard Revocable Trust	
Common	Stock														24	1,000	I	Debra Howard Revocable Trust	
		Та	ble II -					-	-		osed of, o			-	Owned				
1. Title of 2. 3. Transaction 3A. Deemed Execution Date Execution Date, 1		Code (In			6. Date Exercisable and Expiration Date (Month/Day/Year)		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		De Se (Ir	Price of erivative ecurity astr. 5)		Owners Form: Direct (I or Indire (I) (Instr	Beneficial Ownership ct (Instr. 4)					
	of Posnons				Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amou or Numl of Share	er					

Remarks:

All of the foregoing transactions were effected by Reporting Person's broker pursuant to a written 10b5-1 trading plan established on February 27, 2004. This Form 4 dated 3/19/04 is 2 of 2 Form 4s dated 3/19/04, and should be read in conjunction with the other Form 4. The total number of transactions being reported on 3/19/04 exceeded the 30 transactions per report limitation imposed by the SEC on electronic filings. In accordance with guidance from the SEC staff, the two Form 4s shall be deemed to be one for reporting purposes.

/s/ Scott Lesmes, Attorney-in-Fact for J. Timothy Howard

03/19/2004

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.