FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL											
OMB Number:	3235-0287										
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

	or Section 30(ff) of the investment Company Act of 1940	
1. Name and Address of Reporting Person* HOWARD J TIMOTHY	2. Issuer Name and Ticker or Trading Symbol FEDERAL NATIONAL MORTGAGE ASSOCIATION FANNIE MAE [FNM]	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner
(Last) (First) (Midd 3900 WISCONSIN AVENUE, NW	3. Date of Earliest Transaction (Month/Day/Year) 09/29/2004	X Officer (give title Other (specify below) Vice Chairman & CFO
(Street) WASHINGTON DC 2001 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

(Street) WASHINGTON	DC		Amenament, Date C	origin	ai i iic	a (Monta // Day		Torm filed by One Reporting Person Form filed by More than One Reporting				
(City)	(State)	(Zip)	<u></u>						<u>.</u>	Person		
1. Title of Security ((Instr. 3)	Table I - Non-Deriv		2A. Deemed	3.		4. Securities	Acquired	(A) or	5. Amount of	6. Ownership	7. Nature of
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		Date (Month/Da	//Year)	Execution Date, if any (Month/Day/Year)	Transa Code (8)		Disposed Of (D) (Instr. 3, 4 and			Securities Beneficially Owned Following Reported	Form: Direct (D) or Indirect (I) (Instr. 4)	Indirect Beneficial Ownership (Instr. 4)
					Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(111501.4)
Common Stock		09/29/2	004		M		3,500	A	\$18.62	5 27,800	D	
Common Stock		09/29/2	004		S		100	D	\$66.6	7 27,700	D	
Common Stock		09/29/2	004		S		100	D	\$66.60	27,600	D	
Common Stock		09/29/2	004		S		300	D	\$66.4	27,300	D	
Common Stock		09/29/2	004		S		200	D	\$66.4	27,100	D	
Common Stock		09/29/2	004		S		100	D	\$66.4	27,000	D	
Common Stock		09/29/2	004		S		300	D	\$66.5	26,700	D	
Common Stock		09/29/2	004		S		200	D	\$66.5	26,500	D	
Common Stock		09/29/2	004		S		200	D	\$66.5	3 26,300	D	
Common Stock		09/29/2	004		S		100	D	\$66.59	26,200	D	
Common Stock		09/29/2	004		S		100	D	\$66.20	5 26,100	D	
Common Stock		09/29/2	004		S		100	D	\$66.3	26,000	D	
Common Stock		09/29/2	004		S		200	D	\$66.4	5 25,800	D	
Common Stock		09/29/2	004		S		200	D	\$66.3	25,600	D	
Common Stock		09/29/2	004		S		100	D	\$66.3	3 25,500	D	
Common Stock		09/29/2	004		S		200	D	\$66.3	7 25,300	D	
Common Stock		09/29/2	004		S		300	D	\$66.3	25,000	D	
Common Stock		09/29/2	004		S		100	D	\$66.3	2 24,900	D	
Common Stock		09/29/2	004		S		100	D	\$66.3	5 24,800	D	
Common Stock		09/29/2	004		S		300	D	\$66.30	5 24,500	D	
Common Stock		09/29/2	004		S		100	D	\$66.3	3 24,400	D	
Common Stock		09/29/2	004		S		100	D	\$66.9	5 24,300	D	
Common Stock		09/30/2	004		M		3,500	A	\$18.62	5 27,800	D	
Common Stock		09/30/2	004		S		3,500	D	\$63.29	24,300	D	
Common Stock										191,771	I	Timothy Howard Revocable Trust
Common Stock										24,000	I	Debra Howard Revocable Trust

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		d 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$18.625	09/29/2004		М			3,500	11/15/1995	11/15/2004	Common Stock	3,500	\$0.00	5,300	D	
Employee Stock Option (right to buy)	\$18.625	09/30/2004		M			3,500	11/15/1995	11/15/2004	Common Stock	3,500	\$0.00	1,800	D	

Explanation of Responses:

Remarks:

All of the foregoing transactions were effected by Reporting Person's broker pursuant to a written 10b5-1 plan established on February 27, 2004.

10/01/2004 /s/ J. Timothy Howard

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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