FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL

OMB Number: Estimated average burden hours per response:

Section obligat	this box if no long 16. Form 4 or ions may contition 1(b).		STA		ed purs	suan	t to Se	ction 16(a) of the	Secur	NEFICI rities Exchar ompany Act	nge Act of 1		RS	HIP	Estir	3 Numbernated av	erage burde	3235-0287 en 0.5	
Name and Address of Reporting Person* HOWARD J TIMOTHY					<u>F</u> 1	2. Issuer Name and Ticker or Trading Symbol FEDERAL NATIONAL MORTGAGE ASSOCIATION FANNIE MAE [FNM]									5. Relationship of Reporting Person(s) to Iss (Check all applicable) X Director 10% Ov V Officer (give title Other (s				wner	
(Last) (First) (Middle) 3900 WISCONSIN AVENUE, NW						3. Date of Earliest Transaction (Month/Day/Year) 10/07/2004									X Officer (give title Other (specify below) below) Vice Chairman & CFO					
(Street) WASHINGTON DC 20016				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check A Line) X Form filed by One Reporting Person				.		
(City)	(S	tate)	(Zip)												Form f Persor		ore thai	n One Repo	orting	
		Tab	le I - No	on-Deriv	vativ	e S	ecuri	ties A	cquire	d, Di	sposed o	of, or Be	nefi	cially	y Owned	ł				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					ay/Year) it		2A. Deemed Execution Date, if any (Month/Day/Year)		action (Instr.	4. Securition Disposed	es Acquired Of (D) (Instr	i (A) o	5. Amour Securities Beneficia Owned For		s lly ollowing	Form:	Direct I Indirect E tr. 4)	7. Nature of ndirect Beneficial Ownership Instr. 4)		
									Code	v	Amount	(A) or (D)	Price	e	Transaction(s) (Instr. 3 and 4)				(msu. 4)	
Common	Stock			10/07/	2004				M		1,800	A	\$18	3.625	26,1	100		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.77	26,0	000		D		
Common	Stock			10/07/	2004				S		100	D	\$6	7.75	25,9	900		D		
Common	Stock			10/07/	2004				S		200	D	\$6	8.41	25,7	700		D		
Common	Stock			10/07/	2004				S		100	D	\$6	88.4	25,6	500		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.5	25,5	500		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.55	25,4	400		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.25	25,3	300		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.39	25,2	200		D		
Common	Stock			10/07/	2004				S		100	D	\$6	8.82	25,1	100		D		
Common	Stock			10/07/	2004				S		200	D	\$	69	24,9	900		D		
Common	Stock			10/07/	2004				S		200	D	\$6	8.9	24,7	700		D		
Common	Stock			10/07/2004					S		100	D	\$6	\$68.95		24,600		D		
Common	Stock			10/07/2004					S		100	D	\$6	668.15 24		,500		D		
Common	Stock			10/07/2004					S		100	D	\$6	8.11	24,400		100 D			
Common	Stock			10/07/	2004	\top			S		100	D	\$6	7.93	24,3	300		D		
Common	Stock														191,	771		I I	Fimothy Howard Revocable Frust	
Common	Stock														24,0	000		I I	Debra Howard Revocable Trust	
		7	able II								posed of converti				Owned					
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Security or Exercise (Month/Day/Year) if any		med on Date,	ned 4. n Date, Transact		5. I on of r. De Sec Ac (A) Dis of	5. Number of			sable and	7. Title and Amount of Securities Underlying Derivative Sec (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numb derivativ Securitie Benefici Owned Followin Reporter Transact (Instr. 4)	re es ally ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber						

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deri Sec Acq (A) o Disp of (I	oosed D) tr. 3, 4	6. Date Exerc Expiration Da (Month/Day/\)	ate	7. Title and Amount of Securities Underlying Derivative (Instr. 3 ar	f g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$18.625	10/07/2004		M			1,800	11/15/1995	11/15/2004	Common Stock	1,800	\$0.00	0	D	

Explanation of Responses:

Remarks:

All of the foregoing transactions were effected by the Reporting Person's broker pursuant to a written 10b5-1 plan established on February 27, 2004.

<u>/s/ J. Timothy Howard</u> <u>10/08/2004</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.