## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

	Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

1. Name and Address of Reporting Person <sup>*</sup> <u>HOWARD J TIMOTHY</u>	2. Issuer Name and Ticker or Trading Symbol <u>FEDERAL NATIONAL MORTGAGE</u> <u>ASSOCIATION FANNIE MAE</u> [FNM]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner X Officer (give title Other (specify
(Last) (First) (Middle) 3900 WISCONSIN AVENUE, NW	3. Date of Earliest Transaction (Month/Day/Year) 08/19/2004	Vice Chairman & CFO
(Street) WASHINGTON DC 20016 (City) (State) (Zip)	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Disposed Of	Acquired (D) (Instr.	(A) or 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code V		Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
Common Stock	08/19/2004		М		3,500	A	\$18.625	27,800	D		
Common Stock	08/19/2004		S		100	D	\$74.45	27,700	D		
Common Stock	08/19/2004		S		100	D	\$74.4	27,600	D		
Common Stock	08/19/2004		S		200	D	\$74.23	27,400	D		
Common Stock	08/19/2004		S		100	D	\$74.21	27,300	D		
Common Stock	08/19/2004		S		100	D	\$74.29	27,200	D		
Common Stock	08/19/2004		S		100	D	\$74.2	27,100	D		
Common Stock	08/19/2004		S		100	D	\$74.36	27,000	D		
Common Stock	08/19/2004		S		100	D	\$74.35	26,900	D		
Common Stock	08/19/2004		S		100	D	\$74.3	26,800	D		
Common Stock	08/19/2004		S		300	D	\$74.09	26,500	D		
Common Stock	08/19/2004		S		100	D	\$74.05	26,400	D		
Common Stock	08/19/2004		S		100	D	\$74.02	26,300	D		
Common Stock	08/19/2004		S		200	D	\$74	26,100	D		
Common Stock	08/19/2004		S		300	D	\$74.07	25,800	D		
Common Stock	08/19/2004		S		200	D	\$73.8	25,600	D		
Common Stock	08/19/2004		S		100	D	\$74.14	25,500	D		
Common Stock	08/19/2004		S		100	D	\$74.1	25,400	D		
Common Stock	08/19/2004		S		200	D	\$74.11	25,200	D		
Common Stock	08/19/2004		S		200	D	\$74.15	25,000	D		
Common Stock	08/19/2004		S		100	D	\$73.92	24,900	D		
Common Stock	08/19/2004		S		100	D	\$73.9	24,800	D		
Common Stock	08/19/2004		S		500	D	\$74.13	24,300	D		
Common Stock								191,771	I	Timothy Howard Revocable Trust	
Common Stock								24,000	I	Debra Howard Revocable Trust	

	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		of Deri Secu Acq (A) ( Disp of (E	erivative (Month/Day/Year) ccurities cquired ) or sposed (D) str. 3, 4			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$18.625	08/19/2004		М			3,500	11/15/1995	11/15/2004	Common Stock	3,500	\$0.00	22,800	D	

#### Explanation of Responses:

**Remarks:** 

All of the foregoing transactions were effected by the Reporting Person's broker pursuant to a written 10b5-1 trading plan established on February 27, 2004.

/s/ J. Timothy Howard

08/19/2004

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.