FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL	
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hours per response:

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0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

		or Section 30(n) of the investment Company Act of 1940	
1. Name and Address of Reporting P HOWARD J TIMOTHY	erson*	2. Issuer Name and Ticker or Trading Symbol FEDERAL NATIONAL MORTGAGE ASSOCIATION FANNIE MAE [FNM]	S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify)
(Last) (First) 3900 WISCONSIN AVENUE,	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 09/16/2004	X Office (give title Other (specify below) Vice Chairman & CFO
(Street) WASHINGTON DC	20016	4. If Amendment, Date of Original Filed (Month/Day/Year)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting

(City) (State)	(Zip)	Person Person										
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		
Common Stock	09/16/2004		М		3,500	A	\$18.625	27,800	D			
Common Stock	09/16/2004		S		200	D	\$76.64	27,600	D			
Common Stock	09/16/2004		S		300	D	\$76.6	27,300	D			
Common Stock	09/16/2004		S		100	D	\$76.62	27,200	D			
Common Stock	09/16/2004		S		100	D	\$76.7	27,100	D			
Common Stock	09/16/2004		S		200	D	\$76.49	26,900	D			
Common Stock	09/16/2004		S		200	D	\$76.47	26,700	D			
Common Stock	09/16/2004		S		100	D	\$76.45	26,600	D			
Common Stock	09/16/2004		S		100	D	\$76.48	26,500	D			
Common Stock	09/16/2004		S		100	D	\$76.44	26,400	D			
Common Stock	09/16/2004		S		200	D	\$76.46	26,200	D			
Common Stock	09/16/2004		S		100	D	\$76.41	26,100	D			
Common Stock	09/16/2004		S		500	D	\$76.59	25,600	D			
Common Stock	09/16/2004		S		500	D	\$76.56	25,100	D			
Common Stock	09/16/2004		S		100	D	\$76.55	25,000	D			
Common Stock	09/16/2004		S		100	D	\$76.52	24,900	D			
Common Stock	09/16/2004		S		400	D	\$76.5	24,500	D			
Common Stock	09/16/2004		S		100	D	\$76.54	24,400	D			
Common Stock	09/16/2004		S		100	D	\$76.29	24,300	D			
Common Stock								191,771	I	Timothy Howard Revocable Trust		
Common Stock								24,000	I	Debra Howard Revocable Trust		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Employee Stock Option (right to buy)	\$18.625	09/16/2004		М			3,500	11/15/1995	11/15/2004	Common Stock	3,500	\$0.00	8,800	D	

Explanation of Responses:

Remarks:

All of the foregoing transactions were effected by the Reporting Person's broker pursuant to a written 10b5-1 plan established on February 27, 2004.

/s/ Scott Lesmes, Attorney-in-Fact for J. Timothy Howard

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.